

13 400m Individual Medley Women Final

Official

Total

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Emilia Finer	21		0.73		4:50.07 Entry: 4:57.84 -7.77
	25m: 14.63 50m: 31.68 (17.05) 75m: 49.20 (17.52) 100m: 1:06.98 (17.78) 125m: 1:26.72 (19.74) 150m: 1:45.66 (18.94) 175m: 2:04.71 (19.05) 200m: 2:23.49 (18.78) 225m: 2:44.47 (20.98) 250m: 3:05.76 (21.29) 275m: 3:26.83 (21.07) 300m: 3:47.94 (21.11) 325m: 4:04.34 (16.40) 350m: 4:20.10 (15.76) 375m: 4:35.67 (15.57) 400m: 4:50.07 (14.40)					
2	 Jenna Borea	14		0.75		4:50.68 Entry: 4:55.31 -4.63
	25m: 14.42 50m: 31.31 (16.89) 75m: 49.09 (17.78) 100m: 1:07.81 (18.72) 125m: 1:26.95 (19.14) 150m: 1:45.10 (18.15) 175m: 2:03.38 (18.28) 200m: 2:21.80 (18.42) 225m: 2:41.49 (19.69) 250m: 3:01.32 (19.83) 275m: 3:21.37 (20.05) 300m: 3:42.49 (21.12) 325m: 4:00.19 (17.70) 350m: 4:17.08 (16.89) 375m: 4:34.19 (17.11) 400m: 4:50.68 (16.49)					
3	 Kezia Buissinne	18		0.75		4:54.70 Entry: 4:59.24 -4.54
	25m: 13.75 50m: 30.09 (16.34) 75m: 46.88 (16.79) 100m: 1:04.57 (17.69) 125m: 1:24.06 (19.49) 150m: 1:42.76 (18.70) 175m: 2:01.86 (19.10) 200m: 2:20.85 (18.99) 225m: 2:42.40 (21.55) 250m: 3:04.05 (21.65) 275m: 3:25.56 (21.51) 300m: 3:47.73 (22.17) 325m: 4:04.68 (16.95) 350m: 4:21.36 (16.68) 375m: 4:38.24 (16.88) 400m: 4:54.70 (16.46)					
4	 Hanna Abdou	20		0.74		4:55.08 Entry: 5:05.30 -10.22
	25m: 14.17 50m: 31.55 (17.38) 75m: 49.72 (18.17) 100m: 1:07.98 (18.26) 125m: 1:27.22 (19.24) 150m: 1:45.48 (18.26) 175m: 2:03.98 (18.50) 200m: 2:21.96 (17.98) 225m: 2:43.23 (21.27) 250m: 3:05.14 (21.91) 275m: 3:26.79 (21.65) 300m: 3:49.30 (22.51) 325m: 4:06.68 (17.38) 350m: 4:23.09 (16.41) 375m: 4:39.51 (16.42) 400m: 4:55.08 (15.57)					
5	 Bridie Quayle	18		0.78		4:55.18 Entry: 4:55.67 -0.49
	25m: 14.24 50m: 31.60 (17.36) 75m: 49.97 (18.37) 100m: 1:08.67 (18.70) 125m: 1:27.70 (19.03) 150m: 1:46.25 (18.55) 175m: 2:05.19 (18.94) 200m: 2:23.49 (18.30) 225m: 2:44.71 (21.22) 250m: 3:05.47 (20.76) 275m: 3:26.79 (21.32) 300m: 3:48.09 (21.30) 325m: 4:05.53 (17.44) 350m: 4:22.25 (16.72) 375m: 4:39.30 (17.05) 400m: 4:55.18 (15.88)					
6	 Hope Wang	15		0.53		4:57.47 Entry: 4:57.58 -0.11
	25m: 14.22 50m: 31.87 (17.65) 75m: 50.04 (18.17) 100m: 1:09.24 (19.20) 125m: 1:27.74 (18.50) 150m: 1:46.12 (18.38) 175m: 2:04.44 (18.32) 200m: 2:22.91 (18.47) 225m: 2:43.86 (20.95)					

250m: 3:05.47 (21.61) 275m: 3:26.71 (21.24) 300m: 3:48.63 (21.92)
325m: 4:06.54 (17.91) 350m: 4:23.81 (17.27) 375m: 4:40.85 (17.04)
400m: 4:57.47 (16.62)

7

 Maia Adams

22



0.66

4:58.31

Entry: 5:04.04 -5.73

25m: 14.30 50m: 31.04 (16.74) 75m: 48.76 (17.72)
100m: 1:07.02 (18.26) 125m: 1:26.72 (19.70) 150m: 1:45.60 (18.88)
175m: 2:04.90 (19.30) 200m: 2:23.78 (18.88) 225m: 2:44.74 (20.96)
250m: 3:05.77 (21.03) 275m: 3:27.55 (21.78) 300m: 3:49.21 (21.66)
325m: 4:07.07 (17.86) 350m: 4:24.28 (17.21) 375m: 4:41.75 (17.47)
400m: 4:58.31 (16.56)

8

 Charlotte McLa

16



0.70

5:08.85

Entry: 5:05.90 +2.95

25m: 14.36 50m: 32.53 (18.17) 75m: 50.98 (18.45)
100m: 1:10.24 (19.26) 125m: 1:29.15 (18.91) 150m: 1:47.82 (18.67)
175m: 2:06.77 (18.95) 200m: 2:25.76 (18.99) 225m: 2:46.91 (21.15)
250m: 3:09.51 (22.60) 275m: 3:32.26 (22.75) 300m: 3:54.85 (22.59)
325m: 4:14.05 (19.20) 350m: 4:32.43 (18.38) 375m: 4:50.73 (18.30)
400m: 5:08.85 (18.12)

9

 Sadie Percy

16



0.68

5:11.36

Entry: 5:06.45 +4.91

25m: 14.53 50m: 32.78 (18.25) 75m: 51.53 (18.75)
100m: 1:11.03 (19.50) 125m: 1:31.66 (20.63) 150m: 1:51.22 (19.56)
175m: 2:11.02 (19.80) 200m: 2:30.22 (19.20) 225m: 2:53.28 (23.06)
250m: 3:16.50 (23.22) 275m: 3:39.02 (22.52) 300m: 4:02.06 (23.04)
325m: 4:19.99 (17.93) 350m: 4:37.68 (17.69) 375m: 4:54.66 (16.98)
400m: 5:11.36 (16.70)

10

 Evelyn Loh

14



0.65

5:13.02

Entry: 5:10.06 +2.96

25m: 14.76 50m: 32.50 (17.74) 75m: 50.51 (18.01)
100m: 1:09.48 (18.97) 125m: 1:29.26 (19.78) 150m: 1:48.87 (19.61)
175m: 2:08.53 (19.66) 200m: 2:27.90 (19.37) 225m: 2:51.28 (23.38)
250m: 3:14.26 (22.98) 275m: 3:37.34 (23.08) 300m: 4:00.36 (23.02)
325m: 4:18.91 (18.55) 350m: 4:37.18 (18.27) 375m: 4:55.42 (18.24)
400m: 5:13.02 (17.60)

11

 Leah Yang

17



0.71

5:05.80

Entry: 5:10.50 -4.70

25m: 14.21 50m: 31.33 (17.12) 75m: 48.70 (17.37)
100m: 1:06.69 (17.99) 125m: 1:28.44 (21.75) 150m: 1:49.10 (20.66)
175m: 2:09.60 (20.50) 200m: 2:29.53 (19.93) 225m: 2:51.57 (22.04)
250m: 3:13.57 (22.00) 275m: 3:35.65 (22.08) 300m: 3:57.52 (21.87)
325m: 4:15.26 (17.74) 350m: 4:32.24 (16.98) 375m: 4:49.15 (16.91)
400m: 5:05.80 (16.65)

12

 Ziva Bunker

14



0.71

5:06.89

Entry: 5:11.36 -4.47

25m: 14.82 50m: 32.65 (17.83) 75m: 51.79 (19.14)
100m: 1:11.46 (19.67) 125m: 1:31.50 (20.04) 150m: 1:50.88 (19.38)
175m: 2:10.78 (19.90) 200m: 2:29.93 (19.15) 225m: 2:51.55 (21.62)
250m: 3:13.27 (21.72) 275m: 3:34.76 (21.49) 300m: 3:56.26 (21.50)
325m: 4:14.47 (18.21) 350m: 4:32.17 (17.70) 375m: 4:49.88 (17.71)
400m: 5:06.89 (17.01)

13

 Mackenzie Jury

15



0.75

5:11.10

Entry: 5:15.96 -4.86

25m: 14.84 50m: 32.31 (17.47) 75m: 50.55 (18.24)
100m: 1:10.10 (19.55) 125m: 1:31.64 (21.54) 150m: 1:51.87 (20.23)
175m: 2:12.25 (20.38) 200m: 2:32.61 (20.36) 225m: 2:54.26 (21.65)
250m: 3:16.28 (22.02) 275m: 3:37.97 (21.69) 300m: 4:00.29 (22.32)
325m: 4:19.09 (18.80) 350m: 4:37.25 (18.16) 375m: 4:55.05 (17.80)
400m: 5:11.10 (16.05)

14  Sarina Tang

15 

0.77

5:11.15
Entry: 5:14.81 -3.66

25m: 14.38 50m: 31.75 (17.37) 75m: 49.89 (18.14)
100m: 1:09.16 (19.27) 125m: 1:29.08 (19.92) 150m: 1:47.96 (18.88)
175m: 2:07.33 (19.37) 200m: 2:26.41 (19.08) 225m: 2:49.13 (22.72)
250m: 3:12.10 (22.97) 275m: 3:35.15 (23.05) 300m: 3:58.44 (23.29)
325m: 4:17.16 (18.72) 350m: 4:35.60 (18.44) 375m: 4:53.81 (18.21)
400m: 5:11.15 (17.34)

15  Rio Sasamoto

18 

0.69

5:12.37
Entry: 5:17.76 -5.39

25m: 15.12 50m: 33.19 (18.07) 75m: 51.98 (18.79)
100m: 1:10.97 (18.99) 125m: 1:31.28 (20.31) 150m: 1:50.89 (19.61)
175m: 2:10.82 (19.93) 200m: 2:30.07 (19.25) 225m: 2:53.33 (23.26)
250m: 3:16.45 (23.12) 275m: 3:39.36 (22.91) 300m: 4:02.80 (23.44)
325m: 4:21.24 (18.44) 350m: 4:38.78 (17.54) 375m: 4:55.94 (17.16)
400m: 5:12.37 (16.43)

16  Scout Carter

18 

0.59

5:12.86
Entry: 5:11.78 +1.08

25m: 15.38 50m: 33.96 (18.58) 75m: 53.25 (19.29)
100m: 1:12.95 (19.70) 125m: 1:33.84 (20.89) 150m: 1:54.05 (20.21)
175m: 2:13.96 (19.91) 200m: 2:33.91 (19.95) 225m: 2:55.45 (21.54)
250m: 3:17.24 (21.79) 275m: 3:39.29 (22.05) 300m: 4:00.80 (21.51)
325m: 4:19.39 (18.59) 350m: 4:37.41 (18.02) 375m: 4:55.43 (18.02)
400m: 5:12.86 (17.43)

17  Sophia Neems

16 

0.90

5:14.14
Entry: 5:14.36 -0.22

25m: 14.75 50m: 32.98 (18.23) 75m: 51.66 (18.68)
100m: 1:11.61 (19.95) 125m: 1:33.44 (21.83) 150m: 1:54.21 (20.77)
175m: 2:14.47 (20.26) 200m: 2:34.83 (20.36) 225m: 2:56.34 (21.51)
250m: 3:17.99 (21.65) 275m: 3:40.35 (22.36) 300m: 4:02.87 (22.52)
325m: 4:21.45 (18.58) 350m: 4:38.84 (17.39) 375m: 4:56.75 (17.91)
400m: 5:14.14 (17.39)

18  Maeve McDonn

16 

0.72

5:20.01
Entry: 5:19.11 +0.90

25m: 15.85 50m: 34.66 (18.81) 75m: 53.83 (19.17)
100m: 1:12.99 (19.16) 125m: 1:34.85 (21.86) 150m: 1:56.30 (21.45)
175m: 2:17.70 (21.40) 200m: 2:38.47 (20.77) 225m: 3:01.82 (23.35)
250m: 3:25.22 (23.40) 275m: 3:48.49 (23.27) 300m: 4:11.63 (23.14)
325m: 4:29.50 (17.87) 350m: 4:46.64 (17.14) 375m: 5:03.74 (17.10)
400m: 5:20.01 (16.27)

19  Eva Elers

14 

0.46

5:21.32
Entry: 5:18.54 +2.78

25m: 10.80 50m: 32.35 (21.55) 75m: 51.58 (19.23)
100m: 1:12.60 (21.02) 125m: 1:33.54 (20.94) 150m: 1:53.62 (20.08)
175m: 2:13.66 (20.04) 200m: 2:33.82 (20.16) 225m: 2:57.37 (23.55)
250m: 3:20.93 (23.56) 275m: 3:44.84 (23.91) 300m: 4:09.07 (24.23)
325m: 4:28.08 (19.01) 350m: 4:46.51 (18.43) 375m: 5:04.37 (17.86)

400m: 5:21.32 (16.95)

20



Kathryn Bates

13



0.71

5:24.67

Entry: 5:15.05 +9.62

25m: 16.04 50m: 33.85 (17.81) 75m: 53.12 (19.27)
100m: 1:13.07 (19.95) 125m: 1:34.30 (21.23) 150m: 1:54.02 (19.72)
175m: 2:13.82 (19.80) 200m: 2:33.41 (19.59) 225m: 2:57.92 (24.51)
250m: 3:22.21 (24.29) 275m: 3:46.52 (24.31) 300m: 4:10.93 (24.41)
325m: 4:29.68 (18.75) 350m: 4:48.16 (18.48) 375m: 5:06.50 (18.34)
400m: 5:24.67 (18.17)